



Your host,
Dave Henderson



Sunday, January 18, 2009

“The Best Fantasy Camps Have to Offer”

Get ready for the time of your life!



All week, you're going to have an opportunity to learn from the A's Fantasy Camp coaching staff. But remember that Hendu is playing as a camper this week, and he'll be out to be sure nobody gets in his way.

Just a few things you'll need to know...

What could be better! Here we are in Phoenix, in a beautiful Major League setting. You've been preparing and anticipating for weeks, and the time for camp has finally arrived!

Here's a few hints to help make this one of the most memorable weeks of your life.

Coaching Pairings

Shooty Babitt and Bert Campaneris
Greg Cadaret and Gil Heredia
Dave Stewart and Ernie Young

placed in the batting cages or dugouts each day, and will be marked with the letters “DHBA” on the knob. Please do not remove these bats from the dugouts or the batting cages. Please do not put these

bats in your bag or in your locker. If you find a bat you like, we will be glad to find the same model bat in our inventory

and sell it to you for \$35.00

Wooden Bat Etiquette

■ You're in the Major Leagues this week, so forget about that tinny clink of an aluminum bat. Only wooden bats are allowed. If you brought your own bat, find a Sharpie and mark your bat on the knob with your initials and uniform number. If you didn't bring your own bat, DON'T use someone else's personal bat. We will supply you with a bat. These bats will be

Photos

■ This week will produce many memories, and one of the best ways to preserve those memories is through photographs. Your photographers for the week are **Jim Nicholson** and **Bryan Murphey**. They will be shooting photographs all day every day. Each morning at the clubhouse,

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Important times and dates for this week...

Evening Activities

■ The clubhouse will close each day at **6:00 p.m.** Please be considerate of the clubhouse staff and clear out by that time. You will have plenty of time to shower, ice down, have a beer and listen to **Hendu** and the other pros exaggerate about their Major League exploits. Plan on going to dinner between 6 and 8 p.m. Your hostess will be organizing groups to go to dinner with the coaches during the week, or you can have dinner at the hotel. Try to be back at the hotel each evening by **8:30 p.m.** because that's when the **Athletics Forum** will take place. We have planned programs for Tuesday, Wednesday and Friday featuring our camp pros and some special guests. Each evening at **6:30 p.m.** and at **9:30 p.m.**, we'll be screening video highlights of the day's action on the field.

Golf tournament reminder

■ All of you who signed up to play in the golf tournament on Thursday need to see **Nancy Murphey** about paying your golf fees.

Non-golfing activities

■ Non-golfing campers are free Thursday afternoon. You can use this time as you wish, or you can remain at the ballpark and work out.

Baseball cards

■ You need to pick out one photo during the week to put on the front of your baseball card. If, by Wednesday, you

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When you get that clutch hit or make that, game-saving play this week, our photographers will be there to record it. Be sure and take home lots of photo memories of your time here.



The rule at the A's Fantasy Camp is get up early, stay up late with Dave Stewart, Hendu and the other camp coaches every night, and make the most of every minute of this extraordinary experience. You can sleep when you get home.

Times...

haven't seen a picture of yourself, be sure and talk to your hostess. If you do not select a photo for your card by the end of the week we will be unable to produce a card for you.

Retail sales

■ During the week, we are offering for sale a variety of items, including clothing, hats, baseballs, bats and baseball cards. If you wish to set up an open charge account for the week, please see your **hostess** or **Nancy Murphey**.

Tipping

■ In the Major Leagues it is customary for players to tip their clubhouse and training staff. We follow the same custom here. These people will work very hard for you during the week. At the end of the week, please leave a tip. Your coaches will suggest what amount would be appropriate.

Emergency phone

■ Did you oversleep and miss the last van to the ballpark? Are you out with some of the guys for the evening and have a little too much to drink? The phone number that will solve your problems is **(877) 993-7338**. Write this number down and keep it with you. Go out during the

evening and have a good time but please, **do not drive if you have been drinking.**

A'la carte

■ If you have family or friends in Phoenix who have not purchased Fan Packages but would like to participate in lunches, the barbecue or Saturday's banquet, you or they can purchase tickets from your hostesses for these events. Extra tickets for the banquet must be purchased before Wednesday.

Newsletter

■ You're being watched. Yes, the Athletics Fantasy Camp newsletter, *Fantasy Baseball Week*, will be on the lookout for (mostly funny) stories this week. If you hear or see anything you want to share with your fellow campers, contact **Mike Murphey**, the newsletter writer. **Fantasy Baseball Week** will be available at breakfast Tuesday through Saturday mornings. If you can't find a newsletter, please notify your hostess. Copies of the newsletter will be posted on www.hendersonbaseball.com, each day.

Clubhouse Beer

■ The beer we provide in the clubhouse must remain in the clubhouse. Please don't bring it out to the fields, and please do not put cans in your bag, or bring beer onto the vans at the end of the day.

Hints...

copies of the previous day's photographs will be on display. Each photograph will be marked with a code number. Please do not remove these photos from the display boards. If you want to order a copy or enlargement, simply put this number on a photo order form (a sample form is in your Welcome Package) and give the form to one of our staff members. In most cases, you will have your copy or enlargement within 24 hours. Photos ordered at the end of the week will be mailed.

Who Can Be Where

■ The clubhouse is the players' sanctuary and is off limits to your fans. **Only campers in uniform and camp staff have full access to the clubhouse, locker room and training room.** Restroom facilities are available for fans at the fields.

Fan package participants can get a full tour of the clubhouse on Thursday afternoon. During lunch each day, fan package participants can go into the area where lunch is being served.

When games are over, fan package participants may go onto the fields for photos. No one but uniformed camp participants or camp staff may be in the batting cages or in the dugouts. Our insurance restricts us from allowing anyone else in these areas.

Please don't put our staff in the position of having to ask your fans to leave these restricted areas.

Trainers

■ **Walt Horn** and **Jeff Collins** are your camp trainers. They will treat you just as they would treat your professional counterparts. Take advantage of their services.

Walt and Jeff can help you with pregame wraps and heat treatments, and postgame ice to help prevent injuries from occurring.

Don't be shy about informing them of any preexisting conditions -- even minor ones -- that might affect you during the camp. Walt and Jeff are here to make sure you can get out on the field every day and take full advantage of your Athletics Fantasy Camp experience.